Information on the 2021-2022 SRS Basketball Season

The Kindergarten program will run once a week on Saturday morning at a time yet to be determined.  Players will use smaller-sized basketballs and play on a (rim) height appropriate to their ability levels. The focus is strictly on skill development, learning self-control, and having fun.  
  
First and second grade will practice once a week on Saturday morning at a time yet to be determined.  Players will use smaller-sized balls and play on a (rim) height appropriate to their ability levels. The focus remains primarily on skill development and basic fundamentals all the while learning self-control and having fun.

The K-2 program will run January 7 through February 18.

Grades 3-6 boys and girls are placed on teams and play against other rec teams from the Southeastern NH Recreational Basketball League which include Barrington, Deerfield, Epsom, Northwood, Chester, Newmarket and ORYA. The number of teams is dependent upon the number of registrations.

Third and fourth graders typically practice one night a week in Northwood (usually Thursday evening) and one night a week in Strafford (usually Friday evening). Games take place on Saturdays, late morning to early afternoon. Fifth and sixth graders typically practice twice a week (usually Thursday and Friday evenings) with games on Saturdays.  
  
The 3/4 and 5/6 game or practice schedule has not been determined at this time. All of the above is tentative and subject to change. Information will be provided once registrations are complete. Also note that some of the towns/schools in the league may require masks by players (on or off the bench), coaches and spectators in their facilities. SRS has agreed to abide by the host team requirements of our players, coaches and spectators.

Thank you. If you have any questions or are interested in coaching a team, contact me at the email address below.